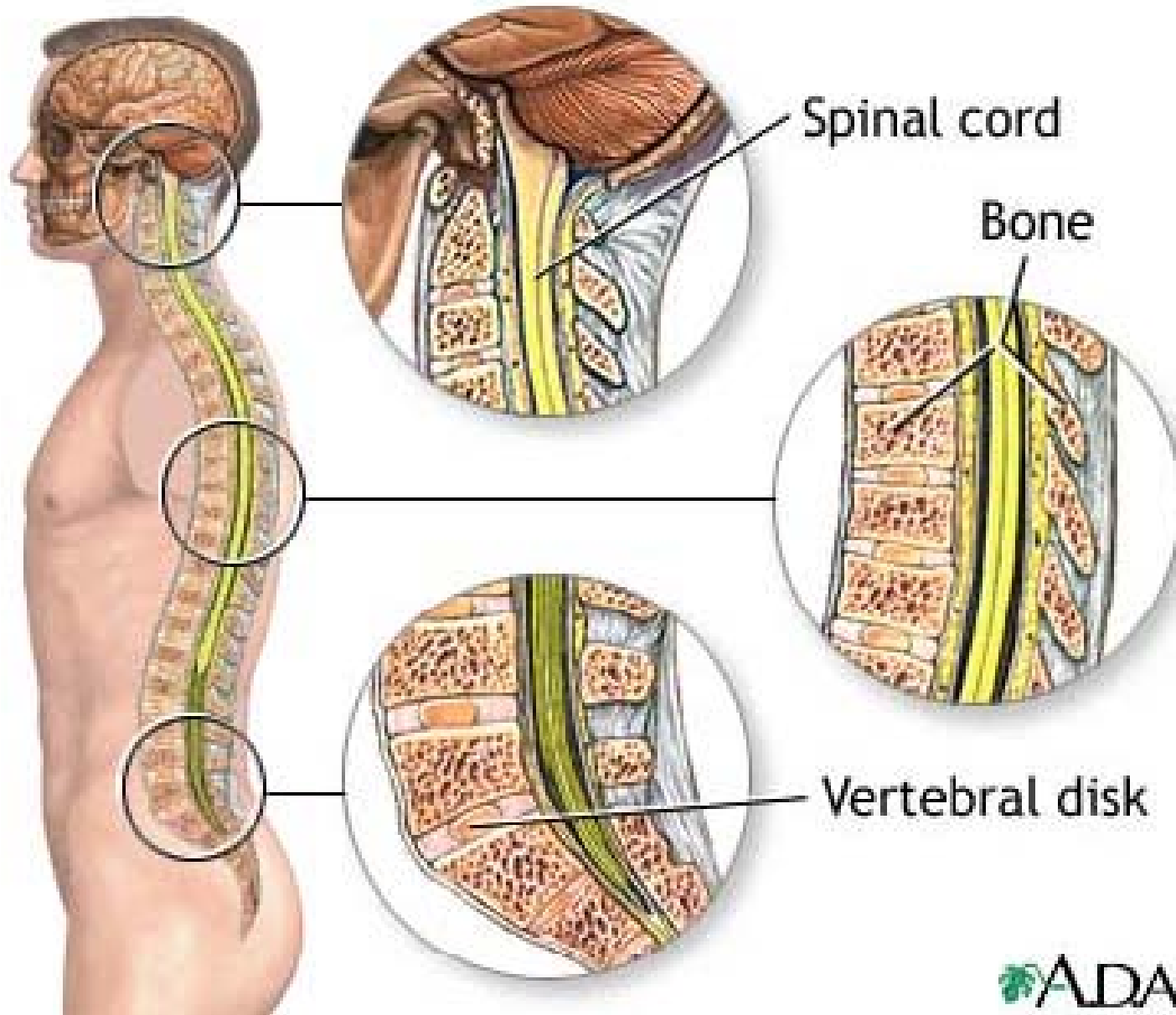




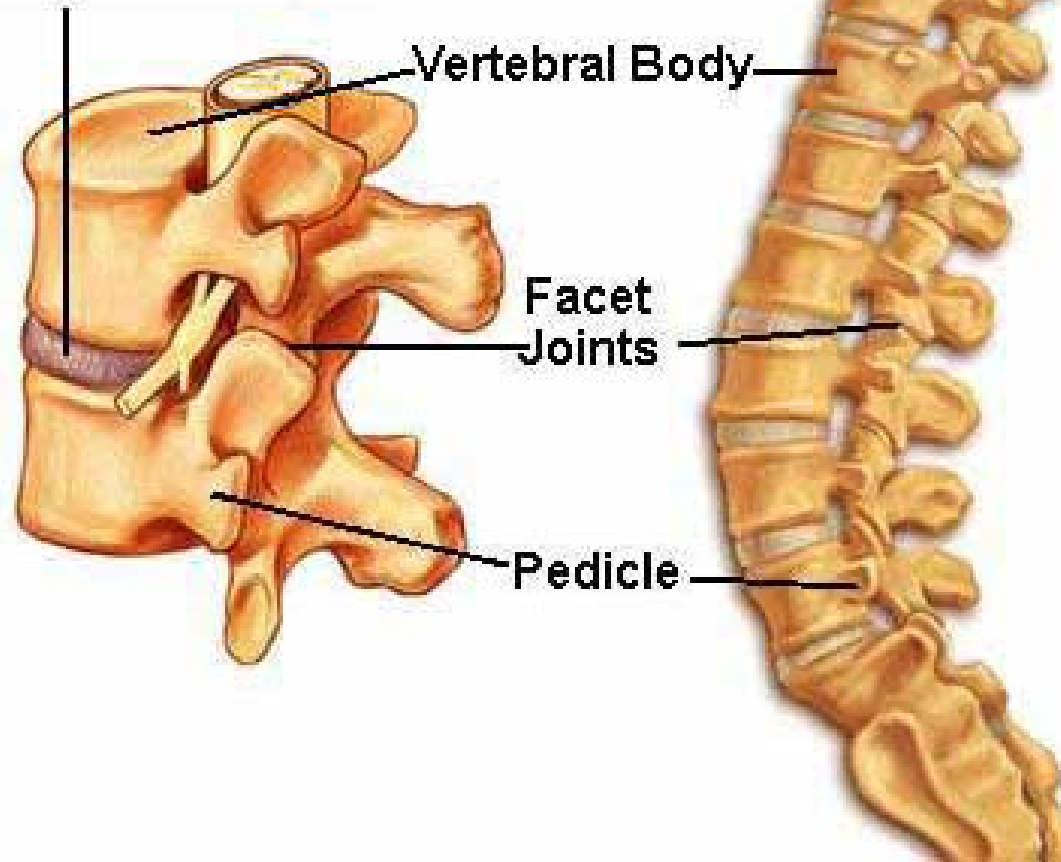
Treatment Options for Low Back Pain

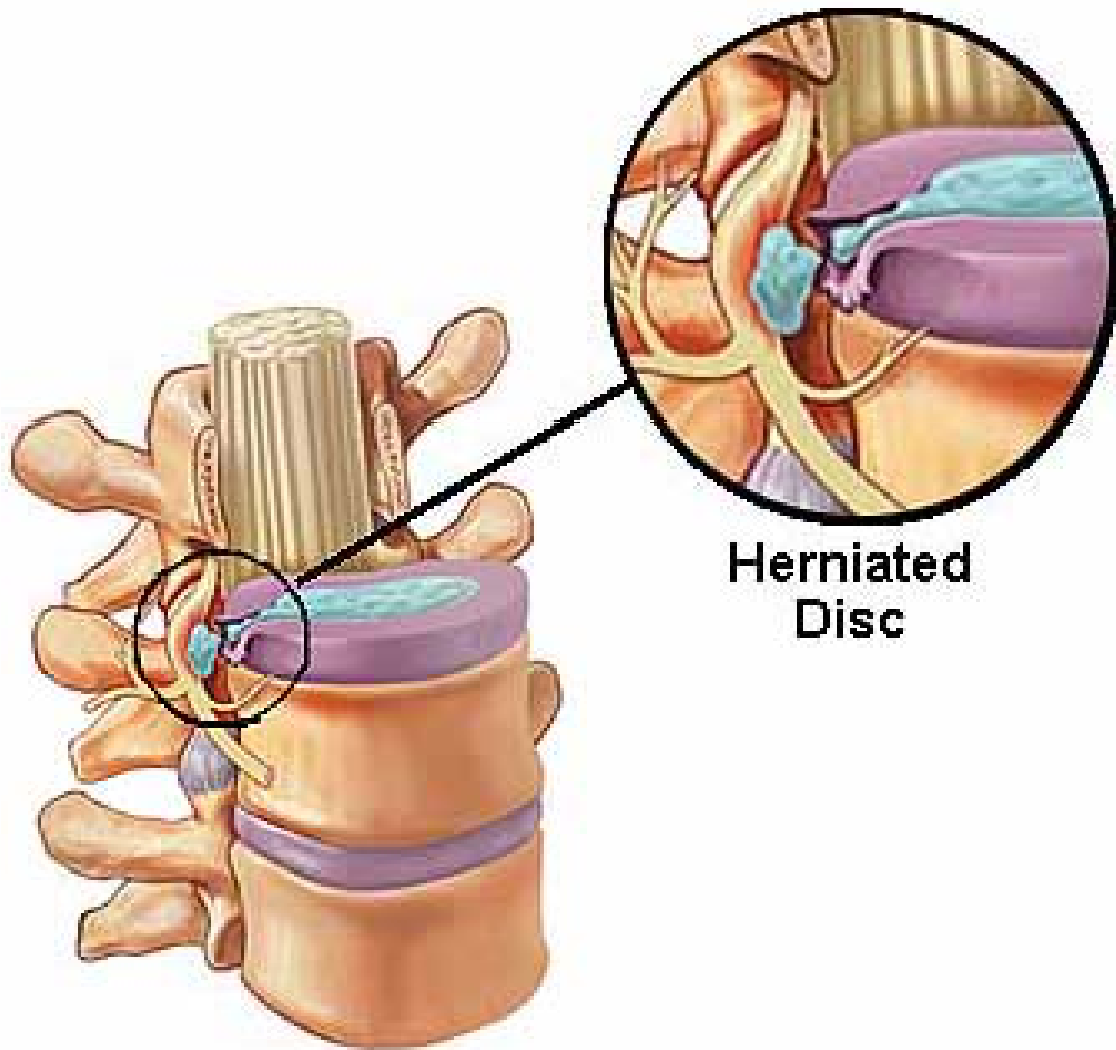
Introduction

- Anatomy
 - Cervical
 - Thoracic
 - Lumbar
 - Sacral



Intervertebral Disc





**Herniated
Disc**

Injury Types

- Lumbar Strain
- Herniated disc
- Lumbar stenosis

Treatment Options

- Bed rest
- NSAID'S
- Physical Therapy
- ESI
- Surgical Consult